

BEYOND SCHOOL PROJECT

LESSON ACTIVITY PLAN DRAFT

ACTIVITY	Thermal baths tradition in the Azores islands
The aim of the activity	In this activity students will learn about the history of the thermal baths in the Azores and its benefits for health.
Places where the event can be held	Thermal springs in the Azores, Science Centers, Museums, Interpretation Centres. <u>São Miguel Island</u> : Caldeira Velha Thermal Pools*; Caldeiras da Ribeira Grande; Thermal Water Pool of Terra Nostra Park; Poça da Dona Beija in Furnas; Natural thermal pool in Ferraria*. <u>Graciosa Island</u> : Carpacho thermal baths. <u>Faial Island</u> : you can see the ruins of Varadouro thermal spa which was inaugurated in 1954 and operated until the 1990's. *Resident of the Azores: Free.
Age group for the activity	6-18

A. BEFORE OUT-OF-SCHOOL LEARNING ACTIVITY	
Educational tools	Books; Encyclopedia, Internet
Method, technique and strategies	Research work
PRACTICE	
Introduction of the activity	Brief dialogue about the traditional thermal baths activity in the Azores.
Development of the activity	Students should research about the historical context of the thermal baths in the Azores.
Evaluation of the activity	At the end there should be a moment of discussion among the students to compare the findings.

B. IN THE OUT-OF-SCHOOL LEARNING ENVIRONMENT	
Educational tools	Guided tour to a regional "Thermal Bath Site"
Method, technique and strategies	M1 - <u>São Miguel</u> and <u>Graciosa</u> Islands: Outdoor visit to an "Thermal Bath site", followed by a bath in the thermal spring. M2 - <u>Faial</u> : Outdoor visit to an historic "Thermal Bath site".

PRACTICE	
Introduction of the activity	Guided tour with information about the history of the thermal baths in the Azores, the evolution along the years until nowadays and the health benefits of this hot waters, such as improving blood circulation, reducing stress/pain, and aiding with skin problems.
Development of the activity	Guided visit. During the activity students take pictures and notes of what was observed.
Evaluation of the activity	Students will choose 3 words and 3 pictures that best describe the guided visit.

C. AFTER OUT OF SCHOOL LEARNING ACTIVITY	
Educational tools	Notes and Pictures
Method, technique and strategies	Group work, exploration of the collected materials, photographs and notes
PRACTICE	
Introduction of the activity	Brief recap of the previous activities and explanation of the group project.
Development of the activity	Students, as a group project, are challenged to choose the 5 best pictures and words that best describes the thermal baths in the Azores.
Evaluation of the activity	(V1) The photos can be exposed in the classroom or school or (V2) shared online in the social media and open the challenge to the public that can also share their photos.