

## BEYOND SCHOOL PROJECT

### LESSON ACTIVITY PLAN DRAFT

<b>ACTIVITY</b>	<b>Tea as a source of health</b>
<b>The aim of the activity</b>	This workshop sought to better understand the history of tea in the Azores, its production method, as well as the scientific discoveries related to tea, and its connection to health.
<b>Places where the event can be held</b>	Museums, tea factory
<b>Age group for the activity</b>	8 - 14

A. BEFORE OUT-OF-SCHOOL LEARNING ACTIVITY	
<b>Educational tools</b>	Books; Encyclopedia, Internet
<b>Method, technique and strategies</b>	Research work
<b>PRACTICE</b>	
<b>Introduction of the activity</b>	Brief dialogue with the students to learn about their and their family's habits regarding tea consumption.
<b>Development of the activity</b>	Students should research about the historical context of tea production in the Azores.
<b>Evaluation of the activity</b>	At the end there should be a moment of discussion among the students to compare the findings.

B. IN THE OUT-OF-SCHOOL LEARNING ENVIRONMENT	
<b>Educational tools</b>	
<b>Method, technique and strategies</b>	Guided visit
<b>PRACTICE</b>	
<b>Introduction of the activity</b>	

<b>Development of the activity</b>	Guided visit to Gorreana Tea Factory, a company that produces several varieties of tea from the plant <i>Camellia sinensis</i> (e.g.: black tea, green tea) ( <a href="https://gorreana.pt/pt/">https://gorreana.pt/pt/</a> )
<b>Evaluation of the activity</b>	Discussion in order to understand what was apprehended about the visit and the production of tea.

### C. AFTER OUT OF SCHOOL LEARNING ACTIVITY

<b>Educational tools</b>	Discussion with a researcher who studies Azorean tea and its medicinal potential.
<b>Method, technique and strategies</b>	Talk with the scientist
<b>PRACTICE</b>	
<b>Introduction of the activity</b>	In dialogue, is made a short review of what was learned in the guided visit.
<b>Development of the activity</b>	The researcher presented his recent discoveries about the tea produced in the Azores.
<b>Evaluation of the activity</b>	The students made questions about the researcher work and discoveries.